

Caregiver Communication Sheet

Keep everyone on the same page — literally.

Fill this out and share with anyone who cares for your child during potty training — grandparents, nannies, babysitters, and daycare staff.



Child's Information

Name

Age

Start Date



Our Words

Word for pee:

Word for poop:

Word for potty:



Our Schedule

Routine moments for potty:

- After waking up
- After meals
- Before nap/bedtime
- Before leaving home

Other notes:



How We Handle Success

What we say:

"You sat on the potty — great job trying!"

Our reward system (if any):

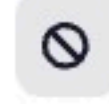


How We Handle Accidents

Our cleanup script:

"No big deal. Let's clean up and try again."

Additional notes:



Things to Avoid

- No shaming or negative language
- No punishment for accidents
- No asking "Do you need to go?" every 5 minutes



Special Notes

Sensory needs, fears, constipation, or other important info:

Quick Reference for Caregivers

✓ DO

💬 Use These Words

Write your family's words here:

★ Praise Effort

"You sat on the potty — great job trying!"

♥ Stay Calm During Accidents

Use neutral language. No big deal.

🕒 Follow the Routine

Consistency helps children learn faster.

✗ DON'T

🗑️ Say Negative Words

Avoid: "bad," "dirty," "again?!"

👋 Force Sitting

Never make them sit against their will.

🚫 Punish or Withhold Rewards

Accidents are part of learning.

👨👩👧👦 Compare to Siblings

Every child learns at their own pace.

Questions?

open the **YourPottyPal** app



Scan for app