

Professional Resource

# Getting Started

## A Professional's Guide to YourPottyPal

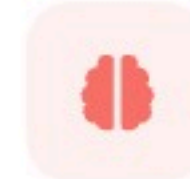
Everything you need to recommend with confidence

✔ Evidence-Informed    ✔ Privacy-First    ✔ Clinician-Approved



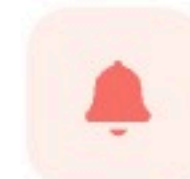
# What Is YourPottyPal?

**YourPottyPal** is a comprehensive potty training companion app designed to support families through every stage of the journey. Built with insights from pediatric specialists, occupational therapists, and early childhood educators, the app combines AI-powered analytics with intuitive tracking tools to create personalized, evidence-informed training plans that adapt to each child's unique needs and progress patterns.



## AI-Powered Insights

Smart pattern recognition



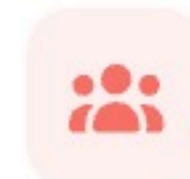
## Smart Reminders

Adaptive prompt styles



## 4-Tier Celebrations

Motivational reward system



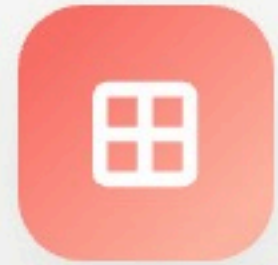
## Multi-Child Support

Family-friendly profiles



## Built with Expert Input

Developed in collaboration with **pediatric specialists, OTs, and early childhood educators** to ensure clinical relevance and developmental appropriateness.



# Core Features at a Glance



## Pattern Detection

Automatically identifies **11 distinct behavioral patterns** to personalize the training approach



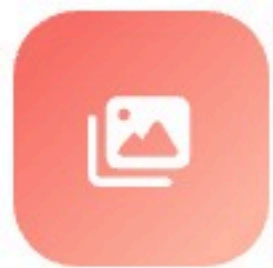
## Smart Reminders

**3 adaptive prompt styles** that adjust based on your child's response patterns and routine



## PalAI Coach

AI-powered guidance providing **real-time suggestions** and encouragement for parents



## Visual Schedules & Board

Customizable **visual communication tools** supporting neurodivergent children



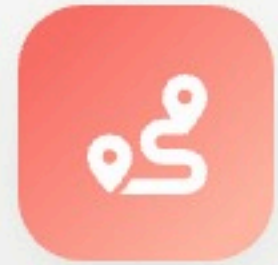
## Data Export

**CSV & PDF reports** for clinical visits and professional consultations



## Caregiver Sync

**Seamless coordination** between parents, grandparents, and childcare providers



# How Families Use It

1



## Create Profile

Set up child's basic info, preferences, and any special considerations

2



## Set Routine

Establish bathroom schedule and reminder preferences

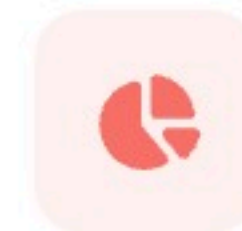
3



## Track & Celebrate

Log successes, celebrate milestones with 4-tier reward system

4



## Review Insights

Analyze patterns, adjust approach, export data for professionals



## Setup takes under 3 minutes

Quick onboarding means families can start tracking immediately



# Why Recommend It?



## Evidence-Informed Design

Built on **developmental psychology research** and best practices in behavioral intervention. Every feature is grounded in established pediatric methodology.

✔ **Research-backed approach**



## Privacy-First Architecture

**COPPA-compliant with local-only data option** . Families control their information. No data sold, no third-party tracking, full transparency.

✔ **HIPAA-aligned standards**



## Professional-Grade Export

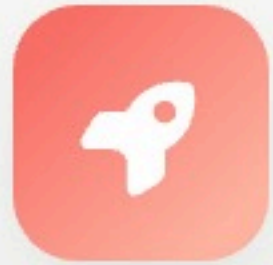
Generate **clinical-ready reports** in CSV and PDF formats. Share comprehensive data with healthcare providers to support informed consultations.

✔ **Streamlined clinical workflow**



"When a professional recommends YourPottyPal, **parents trust the process more** . It bridges the gap between clinical guidance and home implementation."

— Pediatric Occupational Therapist



## Next Steps

Scan to access professional resources



[yourpottypal.com/professionals](https://yourpottypal.com/professionals)



### Partnership Inquiries

[professionals@yourpottypal.com](mailto:professionals@yourpottypal.com)

## Get Started Today



### Download the App

Available on iOS and Android. Start with the free tier.



### Explore the Free Tier

Test all core features before recommending to families.



### Share This Guide

Distribute to colleagues and families in your practice.



### Contact for Partnership

Reach out to discuss institutional licensing and training.