

Clinical Visit Companion

Potty Training Progress Report

A structured summary to share with your child's healthcare provider



Tip for Parents

Use this alongside YourPottyPal's built-in data export for the most complete picture of your child's progress.

Child Profile & Training Summary

Basic information and current training status

Child Information

Child's Name

Age

Training Start Date

Current Method / Approach

Training Timeline

Plan Mode

Steady Steps

Extended Steps

Weeks in Active Training

Current Phase

Learning

Practicing

Graduating

Progress Indicators

Daytime Progress

Mark current level

Not started
No training initiated yet

Early learning
Beginning to understand potty use

Mostly dry
Occasional accidents, mostly successful

Fully independent
Consistently dry, self-initiates

Nighttime Progress

Mark current level

Not started
Still using diapers at night

Early learning
Trying nights without diapers

Mostly dry
Occasional bedwetting

Fully independent
Consistently dry through the night

Patterns & Concerns

Document successes, challenges, and stool patterns

Successes This Period

- Pee consistency
- Poop consistency
- Self-initiating
- Dry naps

Additional notes on successes:

Challenges This Period

- Poop refusal
- Constipation signs
- Regression episode
- Fear / anxiety
- Frequent accidents at specific times

Describe specific challenges:

Stool Log Summary

Average Frequency

e.g., "3 times per week"

Consistency Description

e.g., "soft, formed" or "hard pellets"

Pain?

Y N

Withholding signs?

Y N

Additional observations:

Clinical Note

NASPGHAN/ESPGHAN guidelines recommend toileting history and stool pattern assessment as part of functional constipation evaluation in children.

Questions for Your Provider

Pre-filled prompts to guide your clinical conversation

Should we continue the current approach or adjust?

Training method effectiveness

Are the stool patterns we're seeing within normal range?

Rome IV criteria assessment

Would a referral to OT/PT or pelvic floor therapy be helpful?

Sensory or muscular concerns

Are there dietary or medical interventions to consider for constipation?

Nutrition and laxative guidance

Is this regression pattern typical or does it warrant further evaluation?

Developmental vs. medical concern

+ Additional Questions

Write any other concerns or questions you'd like to discuss

YourPottyPal App



Scan to download

Access your child's full training data, stool logs, and export complete reports

Need Support?

Our team is here to help with app questions or technical support.

support@yourpottypal.com

Clinical Reference

This form aligns with NASPGHAN/ESPGHAN guidelines for functional constipation evaluation and AAP developmental guidance on toilet training readiness.